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# CARMEN CREEK™

GOURMET MEATS

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# BISON

**RAISED THE WAY NATURE INTENDED**

NO GROWTH HORMONES,  
STIMULANTS OR ANTIBIOTICS

Carmen Creek bison are raised by highly skilled ranchers carefully selected for their commitment to humane animal care and environmental stewardship.



## BISON INSIDE ROUND

**Bison Inside Round:** Carmen Creek Bison Inside Round presents an excellent opportunity for a wide number of applications, from buffet to sandwiches including roasts, steaks, strips and cubes.

**Recommended Prep:** Sautéing or roasting. Marinating allows you to use this less expensive cut for grilling or sautéing to create quality menu items.

**Features:** All of our inside rounds are denuded and 95% lean. The inside round offers excellent value. Lean. No growth hormones – raised naturally.

**Serving Suggestions:** Versatile and suitable for many menu styles – Rouladen, Roasts, Cubes for braising. Marinating Kabobs, Salad Strips, Carpaccio.



### NUTRITION FACTS

Per 100 g / pour 100 g

Amount Teneur		% Daily Value % valeur quotidienne
<b>Calories / Calories</b>	150	
<b>Fat / Lipides</b>	2.5 g	4 %
Saturated / saturés	1 g	6 %
+ Trans / trans	0 g	
<b>Cholesterol / Cholestérol</b>	70 mg	
<b>Sodium / Sodium</b>	50 mg	2 %
<b>Carbohydrate / Glucides</b>	0 g	0 %
Fibre / Fibres	0 g	0 %
Sugars / Sucres	0 g	
<b>Protein / Protéines</b>	21 g	
Vitamin A / Vitamine A		0 %
Vitamin C / Vitamine C		0 %
Calcium / Calcium		0 %
Iron / Fer		15 %

### SPECIFICATIONS

<b>Brand:</b>	Carmen Creek
<b>Product Code:</b>	180
<b>Product Description:</b>	Inside Round
<b>Portion Weight:</b>	9kg (random weight)
<b>Pack Size:</b>	2 x 9kg (random weight)
<b>Product Storage:</b>	Frozen
<b>Box Weight:</b>	18kg (random weight)
<b>Case Dimensions:</b>	L20 <sup>1/2</sup> " x W12 <sup>7/16</sup> " x D5 <sup>9/16</sup> "
<b>Cases per Pallet:</b>	54 cases

**1-866-945-3767**

[WWW.CARMENCREEK.COM](http://WWW.CARMENCREEK.COM)

DISTRIBUTED BY: CARMEN CREEK GOURMET MEATS CALGARY, ALBERTA CANADA